#### What is PRRC?

Psychosocial Rehabilitation Recovery Center (PRRC) is designed to be an academic center of learning for veterans diagnosed with Serious Mental Illnesses.

#### **PRRC Mission**

PRRCs provide veterans with a transitional educational center that will inspire and assist them to reclaim their lives, instill hope, validate strengths, teach life skills, and facilitate community integration in meaningful self-determined roles.

## **PRRC Program Description**

PRRC is a program that offers you assistance and ongoing support if you have a diagnosis of a Serious Mental Illness (SMI) and you want to take positive steps towards changing your life and moving forward.

Staff works closely with you to assist in developing life skills and coping skills that allow you to achieve your unique potential.

Positive

Avenue

Towards

Health



The ultimate goal of health, independence, and reintegration into the community.



## **Treatment Expectations**

- Eligible for VA services
- Motivated and able to actively participate in recovery
- Select classes to assist in achieving selfdetermined recovery goals
- Participate on a daily basis in many groups, classes, and community meetings
- Compliant with program rules and procedures

#### **Core Services**

- Treatment and Recovery Planning
- Individual Psychotherapy
- Social Skills
- Psycho-educational
- Illness Management
- Wellness
- Family Psycho-educational and Family Educational programs
- Peer Support
- Treatment of Co-occurring Substance Use Disorders

#### **PRRC Members**

Core Staff
Program Coordinator
Psychiatrist
Social Work
Peer Support Specialist
Recreation Therapist

Support Staff
Vocational Rehabilitation Local
Recovery Coordinator
Vocational Rehabilitation Specialists
Occupational Therapy
Physical Therapy
Registered Nurse
Chaplain

#### **Additional Information**

# Tomah VA Substance Abuse Dual Diagnosis Program

Phone: 1-800-872-8662, ext. 61758 or 608-372-1758

## Tomah VA Post Traumatic Stress Disorder Program

Phone: 1-800-872-8662, ext. 61651 or 608-372-1651

#### **Tomah VA Outreach Centers**

Clark Co. Clinic – 715-229-4701 LaCrosse Clinic – 608-784-3883 Wausau Clinic – 715-842-2834 Wisconsin Rapids Clinic – 715-424-3844

## **Eligibility for Services (Tomah VA)**

608-372-3971, ext. 17038 or ext 11883 Means Testing, ext. 17440

## **Veterans Assistance Programs**

Tomah, WI Homeless Program 1-800-872-8662, ext. 61280

## **King Homeless Program**

1-800-256-9300, ext. 16702

## **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)
Press 1 for Veterans
www.suicidepreventionlifeline.org

## **National Call Center for Homeless Veterans**

1-877-4AID VET (1-877-424-3838) www.va.gov/homeless

# Psychosocial Rehabilitation Recovery Center (PRRC)

Tomah VA Medical Center V.I.C.T.O.R. Center Building 406

500 E. Veterans St. Tomah, WI 54660 Phone: 608-372-1678

## **PRRC Program Admissions Coordinator**

Phone: 608-372-1631 Tomah VA website: www.tomah.va.gov Psychosocial
Rehabilitation and Recovery
Center
(PRRC)



Tomah VA Medical Center 500 E. Veterans St. Tomah, WI 54660

(608) 372-1631 or 1-800-872-8662, ext. 61631 Mental Health Psychosocial Rehabilitation Recovery Center Program (MH PRRC)